

# vjk korte baan25: Session: 4: COACH evaluation sheet for TEAM: SCZ

Coachinfo: Warming up from: 13:00 until 13:45. Teamleadmeeting @ Relay line-up input: The listed starttimes are indicative!

Coaches: Leys Leen

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

**Event number: 31: 100M BACKSTROKE MEN 13-14** **Heat:3, starttime: 14:31**

**Heat: 3/9 Lane : 8 Athlete: VANDERBORGHT MILAN** **Q-time: 01:17:83**

**PB (25m pool): 01:17.83 Leuven 20/10/2024** **PB (50m pool): 01:17.45 SB: no time**

	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
<b>PB</b>		00:37.52		01:17.83	
		00:37.52		00:40.31	
	.....	.....	.....	.....	

Coach feedback:

**Event number: 35: 100M FREESTYLE MEN 13-14** **Heat:7, starttime: 15:50**

**Heat: 7/7 Lane : 6 Athlete: VANDERBORGHT MILAN** **Q-time: 00:57:80**

**PB (25m pool): 00:57.80 Leuven 12/10/2025** **PB (50m pool): 00:59.42 SB: 00:57.80 Leuven 12/10/2025**

	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
<b>PB</b>		00:28.26		00:57.80	
		00:28.26		00:29.54	
	.....	.....	.....	.....	

Coach feedback: